

# Reception progression Check Point One

## Personal, Social & Emotional Development

- Build constructive and respectful relationships.
- Think about the perspectives of others
- Show resilience and perseverance in the face of challenge
- Manage their own needs.
- Know and talk about the different factors that support their overall health and wellbeing:
  - regular physical activity
  - healthy eating -toothbrushing -sensible amounts of 'screen time'
  - having a good sleep routine -being a safe pedestrian
- See themselves as a valuable individual
- Express their feelings and consider the feelings of others.
- Identify and moderate their own feelings socially and emotionally.

## Communication & Language

- Understand how to listen carefully and why listening is important.
- Learn new vocabulary.
- Listen carefully to rhymes and songs, paying attention to how they sound.
- Use new vocabulary through the day.
- Ask questions to find out more and to check they understand what has been said to them.
- Engage in story times.
- Listen to and talk about stories to build familiarity and understanding.

## Physical Development

- Revise and refine the fundamental movement skills they have already acquired: -rolling -crawling -walking -jumping -running -hopping -skipping -climbing
- Progress towards a more fluent style of moving, with developing control and grace.
- Develop overall body-strength, balance, co-ordination and agility.
- Know and talk about the different factors that support their overall health and wellbeing:
  - regular physical activity
  - healthy eating -toothbrushing -sensible amounts of 'screen time'
  - having a good sleep routine -being a safe pedestrian
- Develop their small motor skills so that they can use a range of tools competently, safely and confidently.  
Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons.

## Literacy

- Re-read books to build up their confidence in word reading, their fluency and their understanding and enjoyment
- Read individual letters by saying the sounds for them.
- Blend sounds into words, so that they can read short words made up of known letter-sound correspondences.
- Read some letter groups that each represent one sound and say sounds for them.
- Spell words by identifying the sounds and then writing the sound with letter/s.
- Re-read what they have written to check that it makes sense

## Mathematics

- Count objects, actions and sounds.
- Subitise.
- Link the number symbol (numeral) with its cardinal number value.
- Count beyond ten.
- Compare numbers.
- Understand the 'one more than/one less than' relationship between consecutive numbers.
- Explore the composition of numbers to 10.
- Select, rotate and manipulate shapes in order to develop spatial reasoning skills.
- Compose and decompose shapes so that children recognise a shape can have other shapes within it, just as numbers can.
- Continue, copy and create repeating patterns.
- Compare length, weight and capacity.

## Understanding the World

- Draw information from a simple map.
- Understand that some places are special to members of their community.
- Explore the natural world around them.
- Talk about members of their immediate family and community.
- Name and describe people who are familiar to them.

## Expressive Arts and Design

- Explore, use and refine a variety of artistic effects to express their ideas and feelings.
- Listen attentively, move to and talk about music, expressing their feelings and responses.
- Develop storylines in their pretend play.

